**4 The Family links & info**

**Setting up a meeting in zoom:**

[**https://www.youtube.com/watch?v=uelaugxiuW0**](https://www.youtube.com/watch?v=uelaugxiuW0)

**When copying an invitation to the zoom meeting, hit copy invitation then paste into your email but delete most text on invite bar the link itself, less confusing.**

**setting up polls on zoom:**

<https://www.youtube.com/watch?v=erz4xtQHoVs>

\*the poll set up screen will only appear on the second screen, once you have saved your meeting

* Participants on the iOS or Android mobile app can use polling, but hosts need to be using the desktop client to manage polling ( your computer).

**Email to be sent out after participant has agreed to take part in programme:**

**Subject:** 4 The Family Programme - SICAP & PAP forms attached

Hi ………,

It was lovely to chat to you today and I’m delighted that you’ve signed up to our 4 The Family Programme .Please find attached the two forms we discussed that will need to be filled out and submitted on-line to register.

<https://form.jotform.com/202852984074361>

<https://form.jotform.com/202852939973369>

An invitation link to our zoom meeting will be sent to you the day before our meeting each week.

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**Email with zoom invite link to be sent out the day before the session:**

**Subject:** Zoom invite – introductory session

Hi ………..,

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Please find below the link to our zoom session tomorrow. All you’ll need to do is make sure your on-line & click on the link a few minutes before our meeting time, you will then be placed in the “waiting room” until I admit you and start the meeting. There is no need to download the Zoom app. Make sure your video & sound is on!

Looking forward to meeting with you then.

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**Links to the 4 the Family videos (there are 4 messages in each week that play continuously). Not to be used when delivering the programme, use downloaded videos, as need them to play individually.**

About the Programme (Intro):

[https://www.youtube.com/watch?v=61Oupx12PFM](https://scanner.topsec.com/?t=f139ec525193021589bb731ed4777d5a75a52a49&d=1824&u=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3D61Oupx12PFM)

Week 1 : Play:

[https://www.youtube.com/watch?v=qer0aDVKecg](https://scanner.topsec.com/?t=ffa6a8e9a28d56f4f33f5d026e9774cb4a9edbd4&d=1824&u=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3Dqer0aDVKecg)

Week 2: Parenting

[https://www.youtube.com/watch?v=0NEDCoYNNgA](https://scanner.topsec.com/?t=16a37a9c099f6ef8dbb99ee8ebc5402ebf39b54b&d=1824&u=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3D0NEDCoYNNgA)

Week 3: Health

[https://www.youtube.com/watch?v=Ay1UTBcP7Qc](https://scanner.topsec.com/?t=630a236c21bcbbec71c55a94eb686905d2d77e01&d=1824&u=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DAy1UTBcP7Qc)

Week 4: Technology

[https://www.youtube.com/watch?v=FfnFrfUlQf8](https://scanner.topsec.com/?t=a13e1e41a2260c044f02dc1e3b208f34c3deadad&d=1824&u=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DFfnFrfUlQf8)