Titles:

Poll 1: S1 Opportunities to learn

Poll 2: S2 Evaluation Poll

Poll 3: S2 Behaviours that can be ignored

Poll 4: S2 Evaluation Poll

Poll 5: S3 Evaluation on Health

Poll 6: S4 Evaluation of whole programme

Poll 1: S1 Opportunities to learn

What examples are everyday opportunities to learn:

Talk to your child when you go a walk/drive in the car about what you see, hear, touch, taste, and smell, like seeing a bird or hearing the rain fall.

Allow your child watch television/go on the ipad alone

Sing lullabies or make up silly songs with your child to go along with your daily routine, like brushing teeth or waiting for the bus

Read books aloud with your child and tell them stories

Send your child to expensive dance classes

Poll 2: S2 Evaluation Poll

What tips do you feel you have learned from todays session?

Play is at the core of my childs development

Play is just for kids to do with other kids

Kids only learn from toys and books

Talking to my child about whats all around them will help them

I should try let my child lead the way in play

Books are the pathway to exploring safely

Reading is not only found in books

I decide how & what way myself & my child play

Poll 3: S2 Behaviours that can be ignored

Behaviours that can be ignored

Sulking

Swearing

Pouting

Moaning

Hitting

Arguing

Smashing objects

Tapping objects

Kicking objects

Poll 4: S2 Evaluation Poll

Select the statements that you agree with

Anger is the biggest obstacle to good discipline

Sometimes kids need to be shouted at to take notice

I am my childs mirror

I should also praise myself in front of my children

I should reinforce good behaviour by praising my child in front

I should discuss my childs bad behaviour in front of them

I should tell my child not to do something by using the

I should tell my child exactly what I WANT them to do

Parenting is hard work but I’m a hard worker!

Poll 5: S3 Evaluation on Health

Which statements do you agree with?

Children need to physical activity 3 times per week for 30 minutes

I should use treats to reward my child for good behaviour

I need lots of equipment and props to engage in physical activity

Using non food rewards is a good way to avoid giving treat

Encouraging my child in sport will help keep them engaged

Children need to be active for 60 minutes everyday

Poll 6: S4 Evaluation of whole programme

Evaluation of whole programme

I understand the 4 concepts of the 4 The Family Programme

Information was clearly presented

Recommend the trainer

Can definitely use what I learned in the sessions with my children

I am more mindful how there development works

I would recommend this course to others

I am more aware of exercise and the foods that we eat