

Feeding Your Baby

Weaning Information Session

Introducing your baby to solids

Are you thinking of starting
your baby on solid food
but not sure how to start?



Or are you
worried if you
are feeding
your baby the
right foods?

Weaning Support Group

*Last Wednesday of each
month*

From 10am to 11.30am

*Led by your Public Health
Nurse*

in

*Fettercairn Community &
Youth Centre*



